



## Disc Golf at Millstream

Who hasn't thrown a frisbee? Well maybe there is a little bit more to it than just tossing a disc. Regardless of your level of skill Disc Golf can be a lot of fun for the whole family and it can be done while safely distancing yourself.

[Millstream Park](#) features one of the premiere Disc Golf courses in the region and its FREE. The sport can be played with a regular disc, but

you'll soon want to purchase the specific discs designed for the sport. They can be purchase online or at the shop near St. Cloud State University. While Millstream's course has a [B+ rating](#) by Disc Golf Scene it is only one of many, many courses in the area. Once your hooked you'll want to try them all. In addition to Disc Golf Millstream has a dog park, a year round shelter, volleyball court, trails, a playground and a creek.

[Disc Golf Rules](#)

